

Transmission of **COVID-19**

Contact with an infected person with Covid-19 virus through coughing or sneezing. These droplets can land in your mouth or nose.



Contact with contaminated surfaces or objects that are infected with the Covid-19 virus then touching your mouth, nose or eyes.



Hugging, hand shaking, kissing or being 2-3 steps of those affected with Covid-19.



For more information **Call 719 or Dial *719#**

Big change starts small

**Practical
ACTION**