Covid-19 Prevention

FACTS AND MYTHS

Myth: Vitamin C or fruits will stop you from getting infected.
Fact: Vitamin C cannot prevent you getting COVID-19.

Myth: Drinking hard liquor can prevent or treat Covid-19.
Fact: Drinking alcohol or hard liquor cannot prevent or cure the virus.

Fact: Children can also be infected by Covid-19.

Myth: Covid-19 affects only the old people.
Fact: People of all ages can be infected by the COVID-19.

Myth: Covid-19 can be treated with antibiotics.
Fact: Antibiotics only treat infections caused by bacterial. Covid-19 is caused by coronavirus.

Myth: Spraying alcohol or chlorine on the body can protect you against the disease.
Fact: You get infected with Covid-19 if infected droplets come into contact with your eyes, nose or mouth.

Myth: The virus cannot survive on surfaces or can only survive on surfaces for a few hours.
Fact: Covid-19 can survive on a surface for several hours to several days, depending on the type of surface and environmental conditions.

Myth: Africans are immune to coronavirus.
Fact: Africans are not immune to Covid-19 as is evidenced by global, continental and local confirmed cases, with evidence of local transmission.

Myth: HIV-infected people on ARVs cannot get the illness.
Fact: So far, there is no data on Covid-19 infection in the HIV positive. However those living with HIV can also be infected with the Corona virus (just like everyone else).

Myth: Eating garlic can protect people against the coronavirus.
Fact: There is no evidence that eating garlic, ginger or lemon or other herbal remedies can protect you from Covid-19.

For more information Call 719 or Dial *719#

Big change starts small